

NC TIDE

2024 CONFERENCE

April 22-24, 2024



North Carolina Training, Instruction, Development and Education (NC TIDE) is a non-profit training organization for the behavioral healthcare industry. With their first conference in 1975, established in 1992 as a non-profit agency, and renamed NC TIDE in 2011, NC TIDE successfully has completed over 85 conferences and trained thousands of individuals in the behavioral healthcare industry.

NC TIDE has many partners contributing to their success including the Division of Health Benefits (NC Medicaid), Division of Mental Health Developmental Disabilities and Substance Use Services in North Carolina (DMH), as well representatives from the Local Management Entities/Managed Care Organizations and behavioral health providers from across NC. These partners ensure NC TIDE has the most up to date and pertinent training to the behavioral health community. NC TIDE sponsors one training conference in the spring annually with national, state and local experts in behavioral healthcare.

NC TIDE Focuses Training in the areas of:

- Business/Information Technology/Network
- Clinical Operations for MH/IDD/SU
- Consumer Affairs
- Integrated Care
- Quality Management/Program Integrity
- CFAC

NC TIDE officers and committee members are all professionals in the behavioral health care industry who volunteer their time to carry forward the mission of the organization. Our organization is dedicated to improvement and provides information, training, and education to all in our field of work.

CONTINUING EDUCATION CREDIT HOURS

NBCC: NC TIDE 2024 Conference has been approved by NBCC for NBCC credit. Sessions approved for NBCC credit are clearly identified. North Carolina Training, Instruction, Development and Education (NC TIDE) is solely responsible for all aspects of the program. NBCC Approval No. SP-4515.

Contact Hours: NC TIDE will be offering 15 contact hours for this conference. Full attendance is required to receive credit.

All information below regarding sessions is a “**quick reference**” **guide** and is not intended to replace the electronic registration process.
 To see all information regarding sessions, objectives, and biographies, please see our electronic registration process.

[REGISTER HERE](#)

Early Bird ends 4/1/24



Register by **4/1/24** for the Early Bird cut off to take advantage of the discount prices and Promotional Volume Discount of **5th registration free with every 4 FULL registrations paid.** See “Group Registrations” on the last page for 5th person free registration instructions. **Registrations after 4/1/24 will not be eligible for the 5th one free promotion!**

PLENARY 1 Monday- 4/22/2024- 9:00 AM - 10:30 AM		
P1	Who are you harming? When caregivers are not equipped to support people with ID/MH <u>Presenter(s):</u> <i>Uzama Price, Ed.D.</i>	People with intellectual disabilities experience mental illness and are more vulnerable than their typical peers. Their needs may go unmet because of diagnostic overshadowing. Practitioners will assume their behaviors are the results of their intellectual disabilities and not the emergence of a psychiatric condition. When the individual cannot get appropriate clinical care, this will likely impact their quality of life. What is your responsibility as a direct support staff, schoolteacher, bus driver, nurse, police officer, long term care manager? Regardless of the role you play, interacting with individuals with dual diagnosis is important to ensure they are treated with respect and dignity. As a field, we have a social, moral, and ethical responsibility to do our part to ensure that people diagnosed with ID/MH can live a quality life, not just exist on the margins of society. <u>Learning Objectives</u> In this session, attendees will: <ol style="list-style-type: none"> 1. Define Dual Diagnosis and the Effects of Diagnostic Overshadowing 2. Explore risk factors for people with ID 3. Identify culturally informed strategies to support people with ID/MH NBCC Credit Hours: 1.5 Program Integrity Credits: 1.5 Contact Hours: 1.5

Group Session A
Monday- 4/22/2024- 10:45 AM - 12:15 PM

<p>A1</p>	<p>Improving Whole Person Care in a Tailored Plan World: A Multidisciplinary Partnership</p> <p><u>Presenter(s):</u> <i>Dr. Paul Garcia, MD CHCQM</i> <i>Jackie Beck, LCHHCS, LCAAS, NCC</i> <i>Kimberly Parker, OTR/L, MPH</i></p>	<p>In this session, the learner will gain information regarding the Olmstead Settlement and North Carolina's response to the Settlement as well as how the settlement, in conjunction with Tailored Care Management, expanded the need for mental health and physical health multidisciplinary teams. In this session, the learner will participate in discussion that examines a case study where a multidisciplinary team was implemented. The case study will examine the benefits and challenges to implementing and coordinating whole person care with multiple partners.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Review the Olmstead Settlement in North Carolina. 2. Explore implementation of a multidisciplinary approach to "Whole Person Care." 3. Discuss practical and systematic challenges. <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
<p>A2</p>	<p>Flipping The Script: The Other Side of Guardianship</p> <p><u>Presenter:</u> <i>Tameka Lee, BS</i></p>	<p>This session will provide insight on how to determine if a person truly needs a guardian or if one of the alternatives to guardianship is more appropriate. The session will discuss the purpose of guardianship but also provide guidance on how to determine when guardianship is no longer in the person's best interest.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Review the types of guardianship. 2. Understand various alternatives to guardianship. 3. Discuss how to choose the best alternative. <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
<p>A3</p>	<p>Nourishing Minds: Unraveling the Connection between Nutrition and Mental Health</p> <p><u>Presenter:</u> <i>Isabella Gorski, MS, RDN, LDN</i></p>	<p>Join us for an enlightening session that delves into the fascinating interplay between nutrition and mental health. This comprehensive exploration will guide participants through the impact of macronutrients, micronutrients, and dietary patterns on cognitive function and emotional well-being. From understanding the gut-brain axis to examining the role of specific nutrients in mental health disorders, this session promises to provide a nuanced perspective on the critical relationship between what we eat and how we feel. This session is tailored for healthcare professionals, nutritionists, researchers, and anyone interested in understanding the intricate connection between nutrition and mental health. Whether you're looking to enhance your knowledge for professional development or seeking practical insights for personal well-being, this session offers valuable takeaways for all attendees.</p>

		<p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Be able to discuss the Impact of Macronutrients and Micronutrients on Mental Health: <ol style="list-style-type: none"> a. Define the role of macronutrients (carbohydrates, proteins, and fats) and micronutrients (vitamins and minerals) in influencing cognitive function and emotional well-being. b. Explore key studies and research findings that highlight the relationship between specific nutrients and mental health outcomes. c. Recognize the importance of maintaining a balanced diet rich in essential nutrients for optimal mental health. 2. Examine the Gut-Brain Axis and its Implications for Mental Well-being: <ol style="list-style-type: none"> a. Define the concept of the gut-brain axis and its significance in the bidirectional communication between the gut and the brain. b. Explore studies elucidating the impact of the gut microbiota on mental health and how dietary choices shape the composition of the gut microbiome. c. Discuss the potential therapeutic applications of probiotics in promoting mental well-being and the modulation of the gut-brain axis. 3. Evaluate the Role of Dietary Patterns in Mental Health Disorders: <ol style="list-style-type: none"> a. Analyze the protective effects of dietary patterns, such as the Mediterranean and DASH diets, on mental health outcomes. b. Explore studies that investigate the impact of dietary interventions on mental health disorders, with a focus on depression, anxiety, and cognitive disorders. c. Recognize the broader implications of adopting specific dietary patterns for the prevention and management of mental health conditions. <p>NBCC Credit Hours: 1.5 Program Integrity Credits: 0 Contact Hours: 1.5</p>
A4	<p>Overview of NC Medicaid Fraud Landscape</p> <p><u>Presenter:</u> <i>David Picard, CFE, CFCI</i></p>	<p>What are the current trends and future issues? Second part is suggestions and recommendations for conducting improved Health Care Fraud investigations and referrals.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Learn the current trends and future issues for investigating NC Medicaid Health Care Fraud, Waste & Abuse (FWA). 2. Learn recommendations and suggestions for improved Health Care Fraud investigations and referrals to law enforcement agencies. 3. Learn facts about the magnitude of Medicaid FWA in North Carolina. <p>Program Integrity Credits: 1.5 Contact Hours: 1.5</p>
A5	<p>Disparities in NC Medicaid Quality and Health Outcomes and Strategies to Address Them</p> <p><u>Presenter(s):</u> <i>Madison Shaffer, MPH</i> <i>Jekisha Elliott, MHA</i></p>	<p>North Carolina Medicaid is dedicated to optimizing the health and well-being of all North Carolinians. Central to this effort is a commitment to the delivery of high-quality health care through the development of a data-driven, outcomes-based, continuous quality improvement process that focuses on rigorous measurement against relevant benchmarks, and appropriately rewards plans and providers for advancing quality goals. Within this process the Department has prioritized tracking and addressing health disparities within quality measure performance. This presentation will review some of the quality measures with the notable disparities and highlight two key processes that NC Medicaid has used to address these health disparities.</p>

		<p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Highlight key areas where health disparities have been identified through quality measurement data within the NC Medicaid beneficiary population. 2. Describe processes and initiatives in place to address and eliminate the identified disparities, including public-facing reports and value-based payment strategies. 3. Share lessons learned and barriers faced to contribute to the growing evidence around health disparities work and support similar entities in their efforts. <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
<p>Group Session B Monday- 4/22/2024- 1:30 PM - 3:00 PM</p>		
B1	<p>Problem Sexualized Behavior and TASK</p> <p><u>Presenter(s):</u> <i>Jennifer Shepherd, LCMHC</i> <i>Stephanie Williams, LCSW-A</i></p>	<p>Researchers and clinicians alike have only begun to invest in and understand the complexities of youth who cause sexual harm within the last couple years. Traditional models were offense-specific, confrontational, and were negligent of the developmental and trauma-focused needs of adolescents. Youth cause sexual harm as a result of being unable to fully process and manage their emotions, thoughts, or behaviors in a pro-social or positive way. To work effectively with this population, treatment must be comprehensive and there must be an awareness of the underlying mechanisms contributing to the behavior. This presentation will highlight three of those mechanisms: self-regulation, risk reduction and relational impact in more effective treatment. Sexual harm has a profound impact on individuals, families, and communities. TASK® provides comprehensive care so that youth who cause sexual harm can lead safe and productive lives in the community. It is important for child advocates, stakeholders, and the general population to understand the current issues with youth who cause sexual harm and the treatment methods available to treat them. Through increased awareness and subsequent action, researchers, community members, and treatment providers move towards breaking cycles of abuse.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Be able to discuss a treatment method serving children with sexual harm for over two decades. 2. Be able to identify the issues youth who cause sexual harm face. 3. Be able to identify additional resources for care for these youth. <p>NBCC Credit Hours: 1.5 Program Integrity Credits: 0 Contact Hours: 1.5</p>
B2	<p>Riding the Wave to Improved Integrated Mental Health, Substance Use Disorder, and Physical Health Care through</p>	<p>A Certified Community Behavioral Health Clinic (CCBHC) is a specially-designated clinic that receives flexible funding to expand the scope of mental health and substance use services available in their community to ensure health equity and high-quality care for underserved populations. North Carolina</p>

	<p>Certified Community Behavioral Health Clinics</p> <p><u>Presenter:</u> <i>Alicia Hess</i></p>	<p>recently applied to enter a national CMS Demonstration to grow the CCBHC model. Join this presentation to learn more about the model, plans for North Carolina, and how CCBHCs impact care and outcomes.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Understand the CCBHC model and how it can impact MH, SUD and physical health. 2. Learn about CCBHCs in North Carolina and hear how they are applying the model for improved care. 3. Find out how you can partner or participate in efforts to grow CCBHCs in North Carolina <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
B3	<p>Division of Health Benefits (DHB) Provider Enrollment and Program Hot Topics</p> <p><u>Presenter:</u> <i>Larhonda Cain</i> <i>Michael Herrera</i> <i>Susan Sartain</i></p>	<p>This session will transfer knowledge to audience members about Medicaid Provider Enrollment updates and hot topics that exist within the NC Medicaid programs.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Become familiar with program initiatives and updates. 2. Ask relevant questions to participating NC Medicaid Representatives. 3. Strengthen partnerships and relationships within the stakeholder community. <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
B4	<p>Finding Fraud in Substance Use Treatment</p> <p><u>Presenter:</u> <i>Robyn Winters, RN, BSA, AHFI</i></p>	<p>Presentation will be a case study of a general practitioner and how data analytics coupled with document review revealed Medicaid fraud.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Understand fraud, waste, and abuse in substance use care. 2. Identify red flags found in claims data that indicate fraud, waste, and abuse in substance use treatment. 3. Learn how to avoid substance use claim denials. <p>Program Integrity Credits: 1.5 Contact Hours: 1.5</p>
B5	<p>Let Your Data Do the Talking: Measures that Demonstrate Quality</p> <p><u>Presenter:</u> <i>Kelly Stepura, LMSW, PhD</i></p>	<p>It is becoming increasingly necessary for agencies to prove that they are providing efficient and effective services. Fortunately, providers are more empowered than ever to use data to measure and improve outcomes. This presentation will review best practices for gaining insights using your agency's data, leading to more informed and effective decisions. We will review measures that show the value of your services, connect the dots between data and trends using visualizations, and discuss how to move insights into actions. Incorporating measures that demonstrate quality in a compelling way can result in improved financial outcomes and higher quality care for those you serve.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Explore measures critical to demonstrating the value of their services. 2. Examine factors at a client level that effect their overall performance on quality measures so that they can incorporate changes that will improve performance.

		<p>3. Incorporate quality measurement results into their decision-making processes, involving staff at every level to ensure their knowledge and expertise is incorporated throughout the organization.</p> <p>NBCC Credit Hours: 1.5 Program Integrity Credits: 0 Contact Hours: 1.5</p>
<p>PLENARY 2 Monday- 4/22/2024- 3:15 PM – 4:45 PM</p>		
P2	<p>Embracing Your True Colors: Valuing Authenticity in the Workplace</p> <p><u>Presenter:</u> <i>Dr. Lashaunda J. Lucas PhD, MSW, LCSW</i> <i>Teneisha Towe MA, LCMHCS</i></p>	<p>This training uses the True Colors personality assessment to identify workplace personality types, strengths and weaknesses. Using this information, professionals will explore methods to improve collaboration, build upon the strengths of team members, and apply critical thinking skills in workplace relationships.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Identify the 4 workplace personality types. 2. Identify individual strengths and weaknesses of each personality type. 3. Be able to describe how personality is displayed in work environments and explore strategies to build on the strengths of each personality type. <p>NBCC Credit Hours: 1.5 Program Integrity Credits: 1.5 Contact Hours: 1.5</p>
<p>PLENARY 3 Tuesday- 4/23/2024- 8:30 AM - 10:00 AM</p>		
P3	<p>An Intro to The Power of Positive Leadership (POPL)</p> <p><u>Presenter:</u> <i>Selenna Moss, MHA, BS-HIM, CHP, CHC, Certified POPL, POPT & Energy Bus Trainer</i> <i>Elizabeth Jordan, MA, QP, HS-BCP</i> <i>Kristy McCoy, MSW LCSW</i></p>	<p>This presentation is based on Jon Gordon's book, The Power of Positive Leadership (POPL) and associated materials developed by the Jon Gordon Company. Jon Gordon is the author of 28 books, including 15 best sellers.</p> <p>We are all leaders, whether we are at home, work, or in our communities. This presentation will share key principles found in Jon Gordon's Power of Positive Leadership model, as well as tools and resources you can use right away to drive a more positive mindset and impact. We influence every life we touch and what type of influence we have is up to us. Let's explore Jon's POPL principles and partner together to lead the world positively. You will not want to miss this one!</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Be able to identify ways to stay positive through adversity. 2. Be able to explain ways to transform and overcome negativity. 3. Be able to discuss ways to build a connected and committed team

		<p>NBCC Credit Hours: 1.5 Program Integrity Credits: 1.5 Contact Hours: 1.5</p>
<p>Group Session C Tuesday- 4/23/2024- 10:30 AM - 12:00 PM</p>		
C1	<p>Valuing All Perspectives in North Carolina's Transition to Competitive Integrated Employment</p> <p><u>Presenter:</u> <i>Ann Rodriguez, BA, MHA</i> <i>Mary Hooper, MSW, ACSW</i></p>	<p>Competitive Integrated Employment (CIE) is a national initiative with a set of guiding principles that the federal government is using to encourage inclusive employment for individuals with disabilities. North Carolina's Employment First plan is intended to "effectively and efficiently implement reforms to expand supported employment services, to improve and increase competitive integrated employment outcomes." Formalized in the Fall of 2021, North Carolina's plan was received with numerous concerns. Individuals with lived experience, their families, and providers raised many questions about the timeline, impact and actions without the full participation of all perspectives. The NC Council on Developmental Disabilities engaged the i2i Center for Integrative Health to develop and facilitate a process mechanism to provide stakeholders an opportunity to provide feedback, clarify understandings, and articulate challenges and opportunities, with the overarching goal of supporting the intent of CIE. Utilizing our collaborative model, i2i facilitated a process that provided critical information for all participants, served as a feedback mechanism to support planning and implementation, and identified key themes for consideration by state leadership going forward. Critical to this effort was the concept that all feedback was valuable, that constructive criticism supports positive outcomes, and that i2i would always serve in a neutral role. This session will reflect our summary findings and key themes and will offer information regarding the collaborative process i2i created in facilitation.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Obtain a general understanding of the intent of Competitive Integrated Employment. 2. Learn the basics of a collaborative process that can be used to positively address critical issues impacting consumers and families. 3. Learn key themes and issues related to CIE from the perspectives of service users. <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
C2	<p>Addressing Medical Bias and Stigma Toward Transgender and Gender Diverse (TGD) People</p> <p><u>Presenter:</u> <i>Matt Herr, J.D.</i> <i>Michelle Stroebel MA, NCC,</i> <i>LCMHC, DBH-C</i></p>	<p>In this session, we will focus on cultivating cultural competency in healthcare. This session is designed to promote understanding and inclusivity. We will explore key concepts, challenges, best practices strategies, to address medical bias and stigma towards transgender and gender diverse individuals, fostering an inclusive and affirming healthcare environment for all.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Review and discuss Transgender and Gender Diverse (TGD) competency basics. 2. Be able to describe minority stress and micro-aggressions. 3. Explore current gender affirming care, best practices, and barriers. <p>NBCC Credit Hours: 1.5 Program Integrity Credits: 0 Contact Hours: 1.5</p>

<p>C3</p>	<p>Integration of Peer Support and Clinical Mental Health Services to Serve the Homeless Veteran Community</p> <p><u>Presenter:</u> <i>Benjamin Horton II MA-HSC (Crisis Response and Trauma), NCCPSS, VSS</i></p>	<p>How our NCCPSS use the power of HOPE through shared lived experiences, community collaboration, targeted and intentional outreach, integrated with a clinical mental health support team, to empower homeless veterans to begin their own recovery journey while learning to cope with trauma.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Understand the use of peer support services to begin the recovery journey for homeless veterans. 2. Integrate clinical mental health services and peer support for homeless veterans. 3. Leverage community collaboration for long term stability. <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
<p>C4</p>	<p>The Future of Program Integrity in Health and Human Services</p> <p><u>Presenter:</u> <i>Nick Behrends Annie Widom Thomas Nisbet</i></p>	<p>Health and Human Services (HHS) organizations are challenged with eliminating and preventing fraud, waste, and abuse. It's daunting work to enforce Program Integrity across such expansive and diverse programs. Add to that the fact that HHS leaders prioritize service delivery, leaving limited resources to fund Program Integrity. It's clear that the traditional, labor intensive Program Integrity approach no longer supports adequate oversight. Program Integrity teams must now do more with less, find new, better ways of working, and use tools that make work faster and easier.</p> <p>These aspirations require a transformative approach. It takes the right practices, teams, and technology. Organizations need a framework that brings together -</p> <ul style="list-style-type: none"> • Human-centered design – to imagine the technology-based solution that users want • Thought-leadership – to bring best practices and to help build a culture that embraces change; and • Fast, iterative delivery – to first prove the value of our ideas then scale to the enterprise <p>With this framework – Program Integrity teams can harness innovation and the latest technologies. Game changing advances like Generative AI and low-code no-code platforms automate away low value tasks and use data to guide work. All together – it's how Program Integrity teams can do more with less.</p> <p>Join us to learn more about how continuous innovation frameworks and new technologies like Generative AI and low-code no-code automation are changing how HHS Program Integrity work gets done.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Receive an overview of new and emerging Program Integrity implementation frameworks and technologies. 2. Show how to use continuous innovation to drive value from Generative AI and automation technologies. 3. Demonstrate how Generative AI and automation technologies can help Program Integrity teams.

		<p>Program Integrity Credits: 1.5 Contact Hours: 1.5</p>
C5	<p>Introduction to HEDIS</p> <p><u>Presenter:</u> <i>Gordon Wilson, BHSA/HM, LPN</i></p>	<p>This session will provide an introduction to HEDIS to include: HEDIS Measures, HEDIS Data Collection, HEDIS Reporting and Scoring, Impact of HEDIS on Healthcare Quality, Aligning HEDIS with Tailored Health Plan, Challenges in HEDIS Implementation, Addressing Health Equity in HEDIS Measures, HEDIS and Population Health Management. In this session attendees will also hear about the future of HEDIS: Highlight potential future developments and improvements in the HEDIS program, considering the evolving landscape of healthcare and technology, HEDIS and Healthcare Policy and Engaging Providers in HEDIS Reporting.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Understand HEDIS measures, data collection, reporting and scoring. 2. Learn Impact of HEDIS on healthcare quality and aligning with Tailored Plan. 3. Discuss challenges, health equity, and the future of HEDIS. <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
<p>Group Session D Tuesday- 4/23/2024- 1:30 PM - 3:00 PM</p>		
D1	<p>Planting the Seeds of Success</p> <p><u>Presenter:</u> <i>Anna Marshall, BA</i> <i>Leigh Daughtridge, LCSW</i></p>	<p>This session addresses strategies to meet basic needs while also supporting Behavioral Health, Substance Use, and Intellectual and Developmental Disability service linkage. Working with the Medicaid population identifies gaps in basic needs. Tailored Care Management supports individuals on their journey to wellness through linking with Social Determinants of Health resources within their home communities. In order to move forward with treatment, medication adherence, and to improve quality of life each individuals' basic needs must be met. Throughout the presentation we will share success stories from Monarch's Tailored Care Management program.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Identify Social Determinants of Health Needs. 2. Find and connect individuals to resources. 3. Enhance collaboration with Managed Care Organization partners to meet the needs of individuals. <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
D2	<p>Exposing the Vulnerabilities and Intersections of Human Trafficking in North Carolina</p> <p><u>Presenter:</u> <i>Liz Liles, MSW</i></p>	<p>As service providers working with our most vulnerable populations, it is essential that clinicians not only understand what human trafficking is and how it operates, but how our most vulnerable communities are impacted through modern day slavery. In this session, Liz Liles, MSW, Founder/CEO of Daughters of Worth, will expose the vulnerabilities and intersections of human trafficking in NC. This session will explore how poverty, substance use disorder, mental health, and disabilities are all core fundamentals utilized by perpetrators to weaponized and control victims. Participants will learn how to not only identify trafficking signs, but how to incorporate screenings and appropriate survivor referrals in their practice.</p>

		<p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Be able to discuss the definition of human trafficking. 2. Examine the intersections of poverty, substance use disorder, mental health, and disabilities in human trafficking. 3. Recognize potential signs of human trafficking & effectively incorporate trafficking screenings and referrals in practice. <p>NBCC Credit Hours: 1.5 Program Integrity Credits: 0 Contact Hours: 1.5</p>
D3	<p>You're on the Workplace Stage: What's Your Song & Dance?</p> <p><u>Presenter:</u> <i>Nanci Appleman Vassil, MA, NCC, CSP</i></p>	<p>Have you ever wondered how you perform on stage? Whether you realize it or not, you are on stage every minute of every day in the workplace. The spotlight is on, and your co-worker fans are either raving or disengaging, and you may not know it! This session is geared for those who are interested in exploring what might be getting in the way of their effectiveness. The speaker has extensive experience in designing and delivering workshops that focus on personal and professional growth. Come learn about a variety of tools, tips, and techniques to enhance your effectiveness within your organization. You will identify how you are currently performing for your colleagues and leave with a choreographed song and dance routine (action plan) to implement and achieve immediate results upon returning to your workplace.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Pinpoint current behaviors contributing to or obstructing your success, and strategize for change. 2. Explore new ways that you can show up as a stronger leader for your organization. 3. Pull on unique, easy-to-recall tools when encountering tricky workplace challenges <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
D4	<p>Provider Investigations: Managed Care Collaboration & Partnership</p> <p><u>Presenter:</u> <i>Patrick Piggott, MSW, LCSW, DCSW, NCI, CPIP</i></p>	<p>Provider Investigations: Managed Care Collaboration & Partnership</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Gain a better understanding of OCPI's role in Managed Care. 2. Be able to identify partnerships with the Managed Care Organizations. 3. Be able to list collaborative efforts between OCPI and its partners. <p>Program Integrity Credits: 1.5 Contact Hours: 1.5</p>
D5	<p>NC Medicaid's Vision for Using NC HealthConnex to Support Quality and Population Health</p>	<p>Providers face increasing administrative burdens related to paperwork, documentation, and data sharing agreements. Over the last few decades, reliance on technology and data sharing systems has come at a high-cost, both monetarily and on overall provider well-being. Unfortunately, this increase in documentation</p>

	<p><u>Presenters:</u> <i>Sam Thompson, MSW</i> <i>Kathryn Horneffer, MPH</i> <i>Jessica Kuhn, MPH</i></p>	<p>and technology has not been met with a stepwise increase in meaningful, comprehensive, or timely data related to beneficiary health outcomes. The question becomes, how can we accurately and meaningfully understand the quality of care that is being provided to beneficiaries, without adding to provider burden?</p> <p>To answer this question, North Carolina (NC) Medicaid has partnered with the NC Health Information Exchange Authority (HIEA) to leverage the state-designated health information exchange, NC HealthConnex. The long-term vision for this work is to transition to digital quality measures (dQMs), relying on NC HealthConnex as a central, data aggregator that will ingest and transform data from various sources. Not only does this movement align with CMS' goal of transitioning all quality measures used in reporting programs to dQMs, but dQMs inherently solve many of the challenges experienced under the current system. Through this transition, NC Medicaid aims to (1) reduce the administrative burden associated with sending and reporting data to multiple data sources, (2) provide near real-time quality measure data to providers, practices, health plans, and other permissioned entities to promote whole-person care, and (3) create an environment for information to be pulled in from various sources in a standardized and accurate format.</p> <p>NC Medicaid is in a unique position to leverage NC HealthConnex, as connection to the system became mandatory for organizations who receive state funds for providing services (e.g., Medicaid) under the Statewide Health Information Exchange Act in January of 2023. To date, more than 60,000 providers are connected to NC HealthConnex, with over 6,000 health care facilities currently undergoing the onboarding process.</p> <p>NC Medicaid is excited to share lessons learned in its journey to advance quality and population health via partnership with HIEA and the transition to digital quality measurement and efficient data exchange.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Describe how North Carolina Medicaid is utilizing a health information exchange as a central data aggregator in pursuit of digital quality measurement. 2. Examine the importance of complete, accurate, and standardized clinical data elements for quality measurement and care management. 3. Reflect on North Carolina Medicaid's workflows and lessons-learned in pursuit of enhanced interoperability. <p>Program Integrity Credits: 0 Contact Hours: 1.5</p>
<p>PLENARY 4 Tuesday- 4/23/2024- 3:15 PM - 4:45 PM</p>		
<p>P4</p>	<p>Mental Health Care and Practices Existing in a Future Legal Framework for Public Health</p> <p><u>Presenters:</u> <i>Christine Coughlin, J.D.</i> <i>Edward Ergenzinger, J.D., Ph.D</i></p>	<p>This session will examine some of the shortcomings of the existing mental health care system, including issues with Medicaid reimbursement, continuity of care, and professional burnout, which were present but exacerbated during the COVID-19 pandemic. The presenters will shed light on various public health emergency protocols implemented during the COVID-19 pandemic, such as modifications and waivers to telehealth regulations. The presenters will discuss the advantages and disadvantages of proposals that could ease some of the current shortcomings in our current system and help us to prepare to deliver more effective mental health treatment in the future, both in public health emergencies and non-emergency times.</p> <p>In this session, attendees will:</p>

		<ol style="list-style-type: none"> 1. Identify current shortcomings in providing for continuity of care in the mental health care system and understand how these systematic weaknesses were magnified during the COVID-19 pandemic. 2. Be able to discuss the legal framework for public health emergencies and how regulations related to mental health care and treatment may be modified or waived at both the state and federal levels. 3. Recognize the advantages and disadvantages of proposals aimed to ease the strain in our overburdened behavioral health system and to prepare for the next public health emergency. <p>NBCC Credit Hours: 1.5 Program Integrity Credits: 1.5 Contact Hours: 1.5</p>
PLENARY 5 Wednesday- 4/24/2024- 8:45 AM - 10:15 AM		
P5	<p>Staying Above the “TIDE:” How LME/MCOs are Leveraging AI and Other Strategies to Navigate NC’s Healthcare Climate</p> <p><u>Presenter:</u> <i>Trey Suttan, MBA</i> <i>Cindy Ehlers MS, LCMHC</i> <i>Sean Schreiber, MSED</i></p>	<p>Many changes are afoot in North Carolina at the moment, including Medicaid expansion and the movement to Tailored Plans. While they are poised to improve the lives and health of some of the highest-need North Carolinians among us, the convergence of these changes has meaningful implications for the state’s LME/MCOs. Join this discussion between current and former LME/MCO leaders to hear about how LME/MCOs are navigating this new NC healthcare climate, how they are adjusting and optimizing their operations using artificial intelligence (AI) and other strategies, how they are improving health equity for BHIDD populations by closing health disparity gaps, and how they ultimately are aspiring to improve the health and wellbeing of North Carolinians.</p> <p><u>Learning Objectives</u> In this session, attendees will:</p> <ol style="list-style-type: none"> 1. Be able to discuss the changes occurring in North Carolina healthcare and the perspectives of LME/MCO leaders on their implications for the system. 2. Be able to identify the practical uses of AI that LME/MCO teams have instituted in order to optimize their operations and the member services they provide 3. Apply concepts discussed to your unique situation and circumstances, and engage the group in that discussion during the Q&A portion <p>NBCC Credit Hours: 1.5 Program Integrity Credits: 1.5 Contact Hours: 1.5</p>
PLENARY 6 Wednesday- 4/24/2024- 10:30 AM - 12:00 PM		
P6	<p>State of the State</p> <p><u>Presenter:</u> <i>Kelly Crosbie, LCSW</i></p>	<p>This session will focus on the status of Mental Health, Intellectual and Developmental Disabilities, and Substance Use Services along with the vision for behavioral health service delivery in the future. The session will address the ongoing changes in the larger health delivery system in North Carolina and its</p>

impact on behavioral health services. Specific DMH/DD/SUS programs and initiatives will be discussed with an opportunity for questions and answers.

Learning Objectives

In this session, attendees will:

1. Discuss the mission of DMH/DD/SUS within the context of the North Carolina health delivery system.
2. Identify current and future initiatives impacting the delivery of behavioral health services.
3. Contextualize the impact of changes in healthcare delivery and its effect on people receiving behavioral health services.

NBCC Credit Hours: 1.5

Program Integrity Credits: 1.5

Contact Hours: 1.5

REGISTRATION FEES 2024 (to be paid during electronic registration):

Registration fees include CE Hours and contact hours earned during conference.

	Early Registration END DATE 4/1/2024	Registration 4/2/2024 - 4/21/2024	Onsite Registration as of 4/22/2024 and after
Full Conference			
General Attendee	\$250.00	\$280.00	\$285.00
Buy 4 Get 1 Free	\$250.00	Not Available	Not Available
One Day Attendance			
1 Day Only	Not Available	\$190.00	Not Available

GROUP REGISTRATIONS (Note: Special ends 4/1/24):

Individuals registering from the same company and registering at the same time for FULL CONFERENCE may take advantage of the Buy 4 Get 1 Free Group Special.

Note: Special ends 4/1/24.

IMPORTANT: You MUST choose the Buy 4 Get 5th registration for each of the 5 participants to get the 5th free. To do this....

1. Go to the registration page: [REGISTER HERE](#)
2. Enter each of the first 4 participants for the FULL Conference, choosing sessions, etc., each person would like to attend.
3. Enter your 5th person as you did the first four - choosing the Buy 4 Get 5th Free Registration
4. Once you move to the payment section, if you have chosen the correct item for each person as indicated above, the first 4 attendees will be \$250.00 each and the 5th person will be \$0.00.
5. **All registrations must be entered and paid for together to get the 5th one free.**

OTHER HELPFUL LINKS:

HOTEL:

- The Hotel Ballast has set up a special room rate for NC TIDE.
- This special room rate ends on **3/20/2024 or when room block is full.**
- To book your hotel room:
 - Click [BALLAST HOTEL REGISTRATION](#) or
 - Call: (1-800-HILTONS), mention group code: TID

EMPOWERING HOPE AWARD:

- We are now accepting referrals for the Empowering Hope Award.
- Find the application here: www.nctide.org

THINGS TO DO IN WILMINGTON: [Things to Do](#)